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| **JOB TITLE** | Psychologist (Aquatics GB) Fixed Term 6 – 12 months |

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| **SALARY** | £38,795 p.a pro-rata |
| **GRADE** | F |
| **HOURS** | 15 Hours per week |
| **LOCATION** | London Aquatic Centre  |



**ROLE SUMMARY**

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| Working within British Diving’s World Class Programme (WCP), as a part of a multi-disciplinary team (MDT) of coaches and sport science staff, this maternity cover role will predominantly entail leading on assessment, planning, delivery, and monitoring of sport psychology support. Delivery will be in association with British Diving athletes, coaches, and the performance support team. Work will take place in both the training and competition environment. The role will also hold responsibilities in contribution to both the sport’s Mental Health strategy and the positive evolution of culture. Diving’s centres are based in Edinburgh, Leeds, Sheffield and London. You will be supporting divers and coaches at the London site (London Aquatics Centre) to achieve Individual Athlete Plan (IAP) targets as part of a multi-disciplinary support team.Diving is a discipline of Aquatics GB (as are Olympic swimming and Paralympic swimming). A recent change has seen the formation of a single overarching leadership team for the aquatic sports, which aims to align best practice across the disciplines. As such, this post will have the opportunity to collaborate on cross aquatic projects as part of their role and may also provide sports psychology support to the other Aquatic sports. |



**KEY RESPONSIBILITIES**

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| * Lead on the assessment of psychological needs, delivery and monitoring of support across a variety of learning modalities, and within training and competition settings.
* Contribute to multi-disciplinary individual athlete development plans.
* Drive sport specific psychological intelligence through informing performance processes and creating educational guides and resources.
* Advise coaches on the implementation of periodized psychological development into performance plans and training sessions.
* Collaborate with Performance Lifestyle on psycho-social approaches to development across WCP.
* Collaborate with the cross aquatic psychology team via projects and steering groups.
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| * Support the development and implementation of the sports mental health strategy, this may include screening and assessment, co-ordinating clinical referrals and implementing care plans.
* Create and promote continuous opportunity for athletes and staff to feed into cultural development.
* Contribute to and facilitate learning across the UKSI high-performance community through collaboration and the sharing of knowledge, experience, and expertise.
* Connect with the psychology team on UKSI psychology delivery model, principles, products.
* Potential domestic travel to support camps and competitions as agreed.
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 **ROLE DIMENSIONS**

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| **REPORTS TO**  | Associate Director Sports Science & Sports Medicine |
| **DIRECT REPORTS** | N/A  |
| **BUDGET ACCOUNTABIITY** | N/A  |



**KEY RELATIONSHIPS**

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| * Sport Psychologist counterpart (North)
* WCP athletes and coaches
* Performance Support Team members
* Head of Performance Services
* Chief Medical Office/Doctor
* UKSI Psychology team members
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| * Mental Health Panel Liaison
* Performance Director
* UKSI Tech Lead
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**PERSON SPECIFICATION**

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| **Qualifications** |  |  |
| Registered with the Health & Care Professions Council (Psychology)  | Essential  | Sight of certificates |
| Sports Psychology MSc or PHD or equivalent  | Desirable | Sight of certificate |
| **Experience**  |  |  |
| Design, delivery and monitoring of impactful and bespoke sport psychology support to international standard athletes, teams, and coaches through a variety of learning modalities. | Essential | Application / Interview |
| Assessing the psychological opportunities for performance impact in an athlete’s or team’s performance as part of a performance support team.  | Essential | Application / Interview |
| Contribution to Mental Health strategy/ies including engagement with clinical practitioners and screening protocols.  | Desirable  | Application / Interview |
| Contribution to the development of values-driven processes within a national team or WCP environment. | Desirable  |  Application / Interview |
| **Knowledge and Skills**  |  |  |
| A working method/approach to sport psychology delivery  | Essential | Interview |
| Individual and Team case formulation | Essential | Interview |
| A specialist area of interest within applied sport psychology  | Desirable | Interview |
| Strong sense of self and an awareness of personal and professional strengths | Desirable | Interview |
| May be required to work with athletes under 18 (DBS check required) | No |  |



All UKSI practitioners are expected to engage with and support training and professional development in anti-doping, i.e., Introduction to Clean Sport, safeguarding and GDPR. Practitioners are also expected to adhere to all UKSI policies and procedures and show commitment to promoting and supporting equality, diversity, and safeguarding within sport.

**END OF JOB DESCRIPTION**