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| **JOB TITLE** | Senior Performance Nutritionist (British Weight Lifting Para Powerlifting) |

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| **SALARY** | £43,329 (p.a. pro rata) |
| **GRADE** | ES1 |
| **HOURS** | FTE 0.2 (7.4 hours/wk) |
| **LOCATION** | Loughborough |



**ROLE SUMMARY**

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| A key member of the Para Powerlifting Performance Support Team (PST) the Senior Performance Nutritionist strategically leads and delivers all aspects of nutritional support across the Paralympic programme. The role requires a specific understanding of the nutritional needs of strength and power athletes and will provide bespoke individual delivery and strategic development of the World Class Performance Programme (WCP) nutrition discipline.  Working with the Performance Director, Led Performance Coach and Performance Support Lead to support athletes, coaches and the PST to lead, implement, and evaluate Performance Nutrition services in Para Powerlifting to contribute to optimising athlete health, adaptation and world leading performance. |
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**KEY RESPONSIBILITIES**

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| |  | | --- | | * Responsible for evaluating a diverse range of athlete needs and data to prioritise, deliver and manage systems, projects, and athlete delivery to optimise nutrition aligned to individual athlete plans and programme strategic direction. * Responsible for the development and delivery of solutions to complex performance challenges through effective team working and the utilisation / integration of specialist knowledge and expertise. * Provide a key link between the Performance Director, Performance Support Lead and Lead Performance Coach in driving the development and application of Performance Nutrition insights to impact interventions within the sport. * Support Paralympic WCP athletes nutritional knowledge, planning and implementation during the training process and at competition.. | | |  | | --- | | * In partnership with the Para Powerlifting Commercial Team, lead the technical relationship with nutrition product providers. * Lead in facilitating cross-sport learning and accelerated development across the high-performance system through collaboration sharing, experience, and expertise. * Lead in assuring governance standards to safeguard athlete physical and mental health. * Manage and ensure adherence to record keeping standards in accordance with SENr and UKSI policy, records to be kept on PDMS or sport specific data base. * Work effectively across the four components of the Para Powerlifting WCPP Paralympic & Non-Centre Based programmes. * Where appropriate support WCPP athletes at camps (UK & abroad) and in the competition environment. | |

**ROLE DIMENSIONS**

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| **REPORTS TO** | Head of Performance Science Services |
| **DIRECT REPORTS** | n/a |
| **BUDGET ACCOUNTABIITY** | n/a |



**KEY RELATIONSHIPS**

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| |  | | --- | | * Para Powerlifting Performance Director * Para Powerlifting Performance Support Lead and Athlete Health Lead * Para Powerlifting WCP Coaches * Para Powerlifting Pathway Development Coach | | |  | | --- | | * UKSI / Para Powerlifting SSSM Practitioners * UKSI Technical Leadership Team * External Nutrition Partners * NGB, UK Sport, UKSI, WIS, SIS, and NIS personnel | |

**PERSON SPECIFICATION**

| **COMPETENCY AREA** | **ESSENTIAL / DESIRABLE** | **ASSESSED BY** |
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| **Qualifications** |  |  |
| Degree (or equivalent) in Nutrition, Sports Science, Dietetics or related subject | Essential | Sight of certificates |
| Higher degree (IOC diploma in sports nutrition or PG Cert/Dip/Masters in Sports Nutrition) | Essential | Sight of certificates |
| Practitioner registrant on Sports and Exercise Nutrition register (Graduate minimum) | Essential | Sight of certificates |
| **Experience** |  |  |
| Extensive experience as a practicing registered performance nutritionist or dietitian providing nutrition support to athletes and coaches to improve performance. | Essential | Application Interview |
| Experience of working within an interdisciplinary team in the delivery of nutrition services to high performance sport | Essential | Application  Interview |
| Experience of analysing the demands of a sport in relation to their nutrition needs to develop, implement, and evaluate nutrition strategies | Essential | Interview |
| Experience of dealing with national performance programmes within National Governing Bodies of sport | Desirable | Interview |
| Experience working with and supporting a team at a major international competition at senior or junior level (e.g. Paralympic Games, World or European Championships or Commonwealth Games) | Desirable | Interview |
| **Knowledge and Skills** |  |  |
| Skilled in building and maintaining productive relationships with high performance staff within national governing bodies of sport | Essential | Application  Interview |
| Specialist knowledge of nutritional support appropriate to the needs of high-performance athletes both in training and competition. Skilled in using clinical/scientific reasoning. | Essential | Assessment Interview |
| Effectively translate nutrition science into practical food advice | Essential | Interview |
| May be required to work with athletes under 18 (DBS check required) | YES |  |



**END OF JOB DESCRIPTION**